

# Skating News

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## Important Dates:

- UGL Regionals(Blaine, MN)—October 4-8
- St. Cloud Competition—November 10-11
- Fall Contract Ends—November 22
- Winter Contract Begins—November 27
- TRFSC Test Session—December 1(am)
- TRFSC Holiday Showcase—December 9
- Northland Competition(Duluth, MN) - January 25-28, 2018
- Skate in the Park—February 25, 2018
- TRFSC Ice Show—April 6-7, 2018
- MG Ice Show—April 14, 2018

## UGL Regional Championships

This year the Upper Great Lakes(UGL) Regional Championships are in Minnesota at the National Sports Center in Blaine, MN. The competition runs from October 4–8th. This competition has skaters from Minnesota as well as Wisconsin, Iowa, and Illinois. For skaters in the qualifying levels this competition is their first step towards making it to the national championships. Daily admission to this competition is \$10 for adults and \$5 for children 6-17.

I will be sending out a more detailed email about this event as it gets closer, so watch your email for more information!

## It's Getting Cold Outside . . .

. . .which means it's getting colder inside as well! Please remind your skater to wear multiple layers that they can remove when they warm-up. Multiple layers can include, but are not limited to, skating tights, stretch pants, a skating dress, t-shirt, long sleeve shirt, fleece sweater, warm-up jacket, gloves, etc. Also remind them that they need to wear gloves. Target now has gloves on sale so if your skater can't find their gloves please get them a new pair.

Skaters also need to have their hair pulled back away from their face and have any fly-a-ways clipped back too. Hair down is unacceptable and is a real distraction, especially when skating backwards or spinning. They may not like to wear their hair up, but as an athlete they need to so they can train without worrying about hair in their eyes.

## New Skates: Ask Me First!

Before you go and get new skates for your skater please make sure you ask me first. Skates are your skater's main piece of equipment. The right skates are essential to their progress. If you think your skaters needs new skates send me an email, or stop and talk to me, I will send you a detailed email with where to get skates, what to get, and any other information you need.

## Important Places:

- **For Skates:**  
General Sports  
Ikola Way, Suite #203  
Edina, MN 55439  
(612) 925-1333
- **For Skate Sharpening:**  
Rich Walin  
(763) 493-4560
- **For Custom Skating Dresses:**  
Tin's Tailor Alteration Shop  
6500 LaBeaux Ave NE #G20  
Albertville, MN 55301  
(763) 497-1719